Torque Conversion Chart

***Example: 1N.m = 0.7 lbf.ft 62 lbf.ft = 84 N.m**

N.m		lbf.ft
1.4	**1**	0.7
2.7	**2**	1.5
4	**3**	2.2
5.4	**4**	3
6.8	**5**	3.7
8.1	**6**	4.4
9.5	**7**	5.1
10.9	**8**	5.9
12.2	**9**	6.6
13.6	**10**	7.4
15	**11**	8.1
16.3	**12**	8.9
17.6	**13**	9.6
19	**14**	10.3
20.3	**15**	11.0
21.7	**16**	11.8
23	**17**	12.5
24	**18**	13.2
25.8	**19**	14
27.1	**20**	14.8
28.5	**21**	15.5
29.5	**22**	16.2
31.5	**23**	17
32.5	**24**	17.7
33.9	**25**	18.4

N.m		lbf.ft
35.3	**26**	19.2
36.6	**27**	19.9
38	**28**	20.6
39.3	**29**	21.3
40.7	**30**	22.1
42	**31**	22.9
43.4	**32**	23.6
44.7	**33**	24.3
46.1	**34**	25
47.5	**35**	25.8
48.8	**36**	26.6
50.2	**37**	27.2
51.5	**38**	28
52.9	**39**	28.8
54.2	**40**	29.5
55.6	**41**	30.2
57	**42**	31.0
58.3	**43**	31.7
59.7	**44**	32.5
61.0	**45**	33.3
62.4	**46**	33.9
63.7	**47**	34.7
65	**48**	35.4
66.4	**49**	36.1
67.8	**50**	36.9

N.m		lbf.ft
69.1	**51**	37.6
70.5	**52**	38.3
71 .9	**53**	39
73.2	**54**	39.8
74.6	**55**	40.6
75.9	**56**	41.3
77.3	**57**	42
78.6	**58**	42.8
80	**59**	43.5
81.3	**60**	44.2
82.7	**61**	45
84.1	**62**	45.7
85.4	**63**	46.5
86.8	**64**	47.2
88.1	**65**	47.9
89.5	**66**	48.7
90.8	**67**	49.4
92.2	**68**	50.2
93.6	**69**	50.9
94.9	**70**	51.6
96.3	**71**	52.4
97.6	**72**	53.1
99	**73**	53.8
100.3	**74**	54.6
101.7	**75**	55.3

N.m		lbf.ft
103	**76**	56
104.4	**77**	56.8
105.1	**78**	57.5
107. 1	**79**	58.3
108.5	**80**	59
109.8	**81**	59.7
111.2	**82**	60.5
112.6	**83**	61 .2
113.9	**84**	62
115.2	**85**	62.7
116.7	**86**	63.4
118	**87**	64.1
119.3	**88**	64.9
120	**89**	65.6
122	**90**	66.4
123.4	**91**	67.1
124.7	**92**	67.9
126.1	**93**	68.6
127.5	**94**	69.3
128.9	**95**	70
130.2	**96**	70.8
131.6	**97**	71.5
132.9	**98**	72.2
134.2	**99**	73
135.6	**100**	73.8

N.m		lbf.ft
271 .2	**200**	147.6
406.8	**300**	221.4
542.4	**400**	295.2
678.0	**500**	369.0
813.6	**600**	442.8
949.2	**700**	516.6
1084.8	**800**	590.4
1220.4	**900**	664.2
1356.0	**1000**	738.0
2712.0	**2000**	1476.0
4068.0	**3000**	2214.0
5424.0	**4000**	2952.0
6780.0	**5000**	3690.0
8136.0	**6000**	4428.0
9492.0	**7000**	5166.0
10848.0	**8000**	5904.0
12204.0	**9000**	6642.0
13560.0	**10000**	7380.0
27120.0	**20000**	14760.0
40680.0	**30000**	22140.0
54240.0	**40000**	29520.0
67800.0	**50000**	36900.0
81360.0	**60000**	44280.0
94920.0	**70000**	51660.0
108480.0	**80000**	59040.0
122040.0	**90000**	66420.0
135600.0	**100000**	73800.0

Download the Norbar Torque Conversion App:

Units to be Converted	Imperial		International System-S.I.			
	ozf.in	**lbf.in**	**lbf.ft**	**mN.m**	**cN.m**	**N.m**
1 ozf.in.=	1	0.0625	0.005	7.062	0.706	0.007
11bf.in.=	16	1	0.083	113	1 1 .3	0.113
11bf.ft.	192	12	1	1356	135.6	1.356
1mN.m+	0.142	0.009	0.0007	1	0.1	0.001
1cN.m=	1.416	0.088	0.007	10	1	0.01
1N.m.	141.6	8.851	0.738	1000	100	1

Download the Norbar Torque Wrench Extension App:

For more information about torque tools, contact your local branch, or visit **norbaraustralia.com.au**

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